

"Never underestimate the power of a few concerned citizens to Make a Difference"

M. Mead

FOOD ITEMS MOST NEEDED:

1. Canned Meat
2. Canned Ravioli
3. Canned Fruit
4. Chili, Stew
5. Shampoo
6. Kleenex



What's New at Pelham Cares?

Thanks to a grant from the Niagara Community Foundation, we were able to purchase and update our office computer system

A generous donation from the Niagara Realtors Association and the helping hands of many volunteers allowed us to construct offices to

provide a more confidential environment for families coming in seeking assistance. Drop by and see for yourself!



Christmas at Pelham Cares



Each year we provide close to 60 families with a Christmas hamper, complete with a ham or turkey, all the trimmings and toys for under the tree.

No child or adult should go without!

If you wish to make a donation, please go to our website to find a complete list of what is needed or call the office and speak to a staff member

No time to shop? No problem! You may make a monetary donation by mail, in person or online at canadahelps.org.

We will use your donation to purchase items most needed
www.pelhamcares.org

Mark Your Calendar

December 8th – 16th – Pelham Firefighters Association Toy Drive - (905) 892-3943

December 19th & 20th – Distribution of Family Christmas Hampers – (905) 892-5300

March 26, 2013 – Annual General Meeting. – Royal Canadian Legion, Hwy 20 Fonthill. 2:00 pm

Did You know?

Pelham Cares will celebrate 30 years of service to our community in 2013.

Board of Directors

Jane Gilmour, President
Rev. Diane Walker, VP
Sandra Warden, Treasurer
Caroline Toffolo, Secretary
Rev. Paul Owen, Past President

Directors:

Dawn Butler
Fred Disher
Sue Kicul
Ron Kore
Colleen McCarthy
Keith Moore

Lifetime Members:

Harold Griffin
George Kowalski

Staff:

Betty Brown, Coordinator, Client Services
Beth Cotter, Receptionist

Volunteer Opportunities

Pelham Cares is in urgent need of volunteers to assist in the following areas:

Drivers – volunteers use their own vehicles to assist clients requiring drives to medical appointments in the Niagara area or beyond (at drivers discretion). Must have own vehicle and have a police check. (Time Commitment: 2-3 drives/month)

Volunteer Profile: Pelham Cares salutes Colleen McCarthy



A volunteer with Pelham Cares since 1998, Colleen's contributions to our organization are many. Colleen sits on the Board of Directors and Coordinates special projects such as the Christmas and Easter food hampers. Whether she is shopping for bread and milk for the weekly hampers, packing Christmas hampers or attending monthly Board meetings as a Director, Colleen's contributions to Pelham Cares are invaluable. She was recently honoured by the Town of Pelham by receiving a Peer award for her many years of service to Pelham Cares. Recently retired from her long nursing career, Colleen is always willing to lend a hand in any task large or small, we appreciate all you do! Thank you Colleen McCarthy.

Volunteer Recognition Event

Pelham Cares recently held an evening to honour our volunteers and all they have accomplished on our behalf. The theme of this year's event was "Passion! Action! Impact!". This year's celebration was held at Pelham Community Church. During the evening, four volunteers who have recently resigned from active duty, were presented with framed letters written by Past-President, Rev. Paul Owen. These letters expressed our deep gratitude for their many years of service. Betty and Bob Vahrmayer have each volunteered since Pelham Cares began in 1983, and for many years, as drivers for our transportation program. Since they have recently moved away from the town of Pelham, they felt it time to retire. Henry Wegman has recently resigned as a volunteer driver after ten years of service but still actively supports Pelham Cares by donating much of the produce from his garden to our food clients. Mary Balint served as our Corresponding Secretary for four years. During this time she has prepared thousands of hand-written notes to thank people who have made either a food or monetary donation to Pelham Cares. Many a recipient of one of Mary's notes has commented how lovely it was to receive one. We thank all of our volunteers for their dedication and commitment to serving others in our community.



Bob Vahrmayer, Jane Gilmour, President, Betty Vahrmayer

Businesses Honoured

Each year Pelham Cares highlights a few businesses for their outstanding contribution during the year. The following businesses were recognized for helping Pelham Cares provide assistance to those in need:

Susan Russell and Doug Freeland – CURVES Fonthill

Ron Kore – Sobeys Fonthill

Fred, Eleanor and Jamie Arbour – Klager's Meat and Produce



Bill and Stephanie Mc Williams – Tim Horton's, and Pelham Cares Secretary, Caroline Toffolo

Thank you for helping Pelham Cares help each other!

"We Couldn't Do It Without You!"



Pelham Cares Inc. relies heavily on the on-going support of our community to enable us to provide food for the hungry along with our other services. We couldn't do it with out the generous support of so many. Along with the hundreds of individuals who donate food and funds, we would like to thank the organizations, businesses, schools, churches and service clubs for their generous support throughout the year.

Want To Make A Donation On-Line?

To donate online, please use the secure online donation site hosted by Canadahelps.org. Canada Helps allows charities, such as Pelham Cares Inc., to receive online credit card donations by facilitating the donation process. They provide a safe, secure environment for donors to make a contribution. Once the donation is made online, a tax receipt is generated electronically and emailed to you. Your donation is then sent to Pelham Cares Inc., less an administrative fee that Canada Helps is charged by the credit card company for processing.



New Changes to how we acknowledge our donations!!

Pelham Cares has been mailing hundreds of thank you cards which incurs significant costs. In order to reduce these costs, we have changed our procedures regarding the issuing of income tax receipts. By February of each year, you will receive an acknowledgement and charitable income tax receipt for any monetary donations made throughout the previous year.

In the meantime, we would like you to know that the donations we receive from our donors are greatly appreciated and will make a difference in the life of a Pelham resident!

A PICTURE SAYS A THOUSAND WORDS.....



Which is why we decided to go out to our young artists in the community and ask them to create a picture that depicts what Pelham Cares is all about. The response was tremendous and we received many beautiful creations. The pictures will be used in a number of our promotional materials.

The contest was divided into two age groups: JK – Grade 4 and Grade 5 – 8. The winners are listed below:

JK – Grade 4 Winners

1st - Miria Diab – Maple Crest Early School (**Shown above**)

2nd – Trent Furlon – Pelham Centre School

3rd – Nick Uriello – E.W. Farr

4th – Matthew Schirru – Maple Crest Early School

Honorable Mention: Owen Gallagher (Maple Crest Early School), Desiree Bastien (E.W. Farr), Xavier Stephens (E.W. Farr), Maiya Bolibruck (Glynn A Green) Jackson (E.W. Farr), Lola Hughes (Maple Crest Early School)

Grade 5 – Grade 8

1st - Payge Hart – St Anne School

2nd - Krystyna Augustyn – St Anne School

3rd - Gracie Furlong – St Anne School

Honorable Mention: Adrian Papez – St Anne School



Desiree Bastien
Age 8, Grade 3
E.W. Farr
Honorable Mention

Pelham Cares Inc.

Mail: P.O. Box 1173

Fonthill, ON L0S 1E0

Office: 124 Hwy 20 (beside
McDonalds)

Ph: 905 892-5300

Email: info@pelhamcares.org

We're on the Web!

www.pelhamcares.org



The "Heart Beat of Pelham" newsletter is a quarterly publication, and can be accessed on-line at www.pelhamcares.org

A big thank you to all the little artists for submitting your works of Heart!!